

TREDWORTH INFANT AND NURSERY ACADEMY LUNCHTIME POLICY

Overview

The purpose of this policy is to create a series of expectations and protocols for the children, parents and staff at Tredworth Infant and Nursery Academy. The policy will set out explicit processes which will take place to ensure that pupils are provided with adequate calorific intake to get them through a day at school.

School Expectations for Lunches:

For All Pupils:

- Meals will be of good quality and nutritional value, meeting the School Food Standards
- There will be no differentiation in quality or choice between free and paid meals
- The menu on offer should be appealing to young people, in order for them to make informed healthy choices
- Fresh water will be available daily.
- School will provide seated (with a table) indoor spaces for all pupils to sit and eat their lunch.
- Dietary requirements, both medical (where possible) and religious will be catered for
- Lunchtime supervisors will ensure that pupils have eaten a sufficient amount before they are allowed to leave the Dining Hall
- Nobody will be refused food.

EYFS and KS1 Pupils:

In line with recommendations from the School Food Plan (2013), the governing body at Tredworth Infant and Nursery Academy believe that pupils perform better when provided with a hot school meal at lunchtime.

"The government's stated aim is to improve academic attainment and save families money. Universal free school meals for all primary pupils were among the key recommendations of the

School Food Plan, which presented evidence that universal free school meals can help improve health, attainment and social cohesion, and help families with the cost of living."

"It is up to school's to decide whether infant pupils may still bring packed lunches to school "

Children's Food Trust.

At Tredworth Infant and Nursery Academy, we have adopted a "no lunchboxes" policy and as such, all pupils in EYFS and KS1 will eat a school lunch each day. There will be no cost to parents for this as it is provided through the Universal Infant Free School Meal government initiative. There will be no exceptions to this expectation without sufficient medical evidence to show that a child is unable to take a school meal.

Parental Expectations:

- Parents will respect that this is the policy of the school in making their choice of school placement
- Parents who have to provide lunchboxes need to ensure they are of good quality and nutritional value. The school reserves the right to remove food that is unhealthy in excessive quantities.
- Parents will give clear information of food allergies or religious/cultural dietary constraints

Pupil Expectations:

- Pupils will demonstrate good table manners in the Dining Hall, behaving well at all times and following the lunch time rules
- Pupils will do their best to eat healthily and make sound choices about food.
- Pupils will not share food with other children.

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Tracy Shipp Head Teacher (For and on Behalf of Tredworth Infant and Nursery Academy) Chair of Trust

Date: September 2022